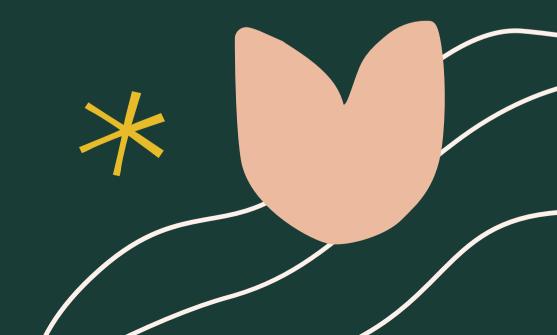


Orientation Presentation August 24th, 2022



# Agenda

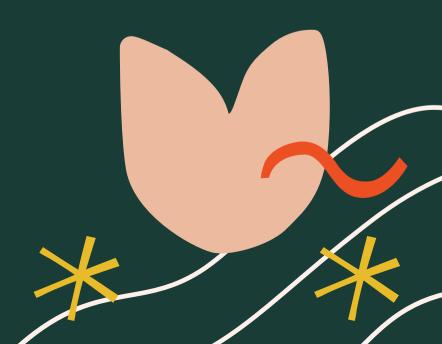
- Introductions
- Greek Life at UC Berkeley
- Benefits of Going Greek
- Recruitment Tips and Lingo
- Fall Primary Recruitment Structure and Overview
- Community Development in the Recruitment Experience
- PNM Bill of Rights
- PNM and Chapter Expectations
- Rules and Reporting
- Role of Rho Chi
- Preparing for Unity Day I

# Land Acknowledgement

We recognize that UC Berkeley, including CalGreeks, sits on stolen territory of xučyun (Huichin), the ancestral and unceded land of the Chochenyo speaking Ohlone people, the successors of the sovereign Verona Band of Alameda County. This land was and continues to be of great importance to the Muwekma Ohlone Tribe and other familial descendants of the Verona Band.

Read more about Ohlone people and land at UC Berkeley <u>here.</u>

# INTRODUCING PANHELLENIC AND GREEK LIFE AT CAL



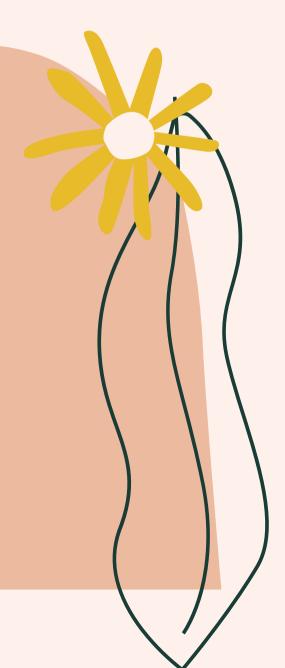
#### Recruitment Team

#### CECI CROWLEY, VP OF MEMBERSHIP

ILeads everything related to Fall Primary Recruitment and acts as the bridge between chapters and PNMs in this period while working for both parties

#### EMILY HU, HEAD RHO CHI

Guides all Rho Chis in Fall Primary Recruitment and takes charge of their training



#### JEFF WOODS, PANHELLENIC ADVISOR

Represents PHC at the LEAD Center and aids in the Fall Primary Recruitment process

#### ALEX RICHARDS, PANHELLENIC ADVISOR

Brings decades of experiences in Panhellenic advising to this year's recruitment

#### Panhellenic Executive Council

MIA, PRESIDENT



ALYIA, EXECUTIVE VP



ROMA, VP OF PROGRAMMING



FLYNN, VP OF RISK



COOPER, VP OF SCHOLARSHIP



#### Panhellenic Executive Council

ETAIN, VP OF PHILANTROPHY



LINDSEY, VP OF COMMUNICATIONS







SHIVANI, VP OF DEVELOPMENT

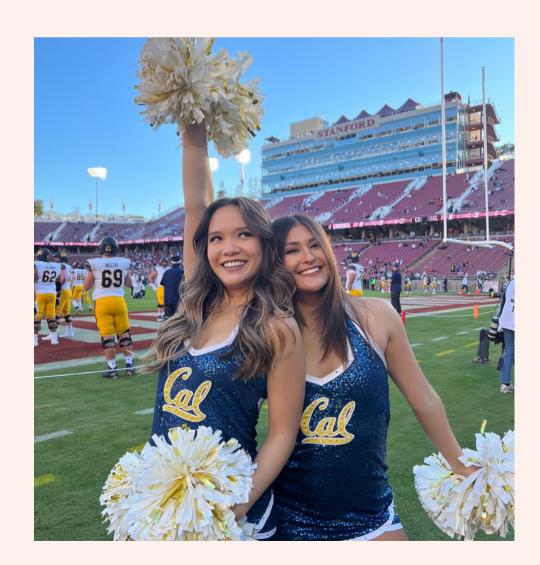
HABEN, VP OF HEALTH AND WELLNESS





#### CalGreeks

- CalGreeks is the collective name for all four Greek Councils at UC Berkeley
  - Panhellenic (PHC), International Fraternity Council (IFC), Multi-Cultural Greek Council (MCGC), and NPHC (National Pan-Hellenic Council)
- Our CalGreeks community comes together in inter-greek groups like CalQueeks, GASA (Greeks Against Sexual Assault), and Greening with the Greeks







#### What is Panhellenic?



#### OUR MISSION AND VALUES

- We are committed to relationships built on trust through transparency, accountability and mutual respect
- Innovation and our core values of friendship, leadership, service, knowledge, integrity and community guide us in fulfilling our mission

#### OVERVIEW OF OUR COMMUNITY

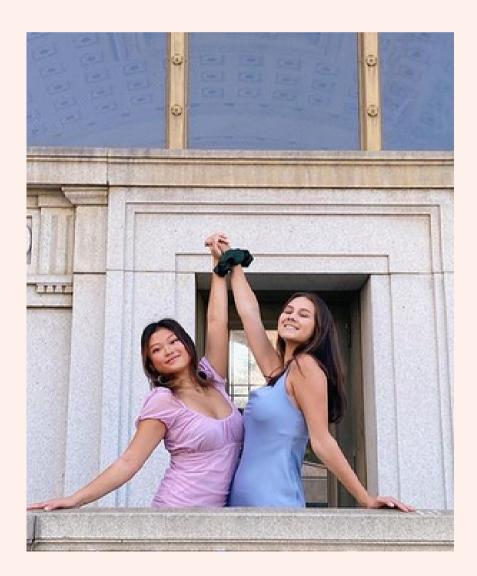
- 14 Chapters: 12 with nationals, 2 associate
- 13 participate in Fall Primary Recruitment

# PHC's Pillars: Scholarship, Sisterhood, Leadership, and Service



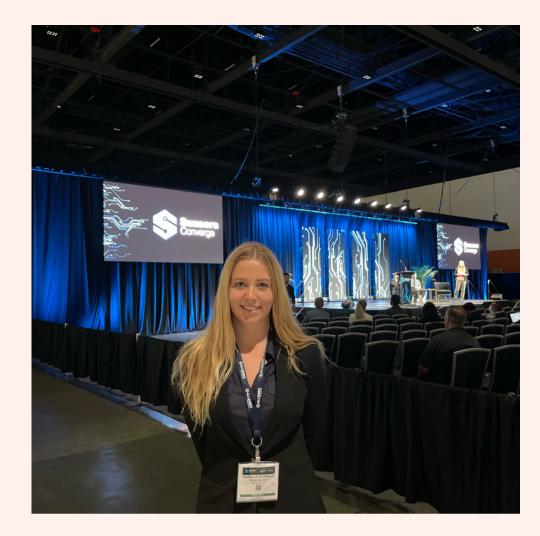






## Scholarship

- By the Numbers
  - 3.6 PHC Wide GPA in Fall 2021
  - 34.8% Double Majors
  - 65.8% STEM Majors
  - 34.7% involved in academic research
  - 6.6% of PHC Students are Regents' and Chancellors' Scholars
- PHC study tables
- Academic scholarships
- PHC Professional and PHC Scholar of the Month









## Sisterhood

















## Leadership

- 11.5% involved in student government
- Our PHC members are Division I Athletes, ASUC senators, activists, leaders in their communities, researchers, CEOs, buissness founders, managers, and club presidents
- Greek life offers leadership opportunities internally through chapter executive positions, Panhellenic Council, and CalGreeks organizations (Queeks, Greening with the Greeks, and GASA)
- Chapters internally offer leadership programs for their members that serve on executive councils, allowing one to receive leadership training and prepare the next generation of sorority leaders



### Philanthropy

- Each chapter has its own philanthropic cause that it hosts events for each semester
- PHC members contribute to local community through programs to tutor Berkeley students, cleanups, and recycling programs
- PHC has raised thousands of dollars for over 30 different causes





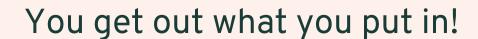






# The New Member Experience

- Attend New Member meetings where you learn about sorority life, your chapter, and the how you can enact the values of your chapter in everyday life
- PHC and every single Panhellenic chapter follows a strict nohazing policy that is enforced on a national, local, and campus level
  - We don't use the terms "pledge" or "rush" because of their associations with hazing
  - Use new member and recruitment instead!
- Getting connected with your chapter:
  - Big-Little
  - Eating meals at house
  - Chapter meetings
  - Joining committees
  - Attending social and sisterhood events











#### Finances

- Sorority membership is an financial investment that has significant benefits for those that choose to partake in it
- Dues are divided into three categories: New Member, Live In, and Live-Out
- Chapters have set payment plans for their members in a specific number of installments but can make individual plans for those that need it
- Average Spring 2022 Dues
  - Average Cost of New Member Dues: \$1,651.39
  - Average Costs of Live-In Dues: \$6,498.7
  - Average Cost of Live-Out Dues: \$1,634.87

### Scholarships

- Chapters individually offer their own scholarships, on both the local and national level
- Scholarships Offered by PHC
  - New Member Scholarship (Fall and Spring Semester)
  - Diversity, Equity, and Inclusion Scholarship (Spring Semester)
  - Panhellenic Scholarship (Fall Semester)

# Living In

- Most chapters have live-in requirements in their property, either one year or two years
- Annual rent in chapters is a competitive \$9,700 on average, compared to \$15,000 off-campus and \$18,000 on campus
- Benefits of Living-In
  - Convenient location on Southside
  - Meals during the weekdays
  - Study rooms and communal spaces
  - Laundry services
  - Opportunity to live with your sorority sisters!



### GPA Requirements

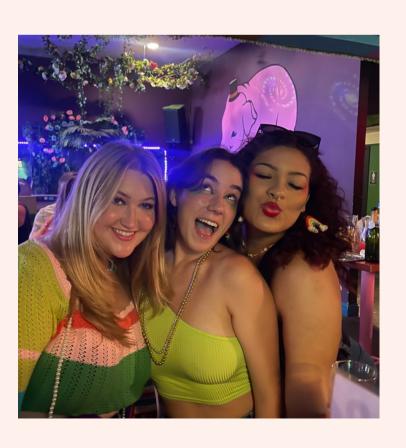
- There are no GPA requirements to participate in Fall Primary Recruitment
- Cal Panhellenic strives for academic excellence, and has standards for all of their members
  - Cal Panhellenic had a 3.6 GPA in Fall 2021
- Chapters have individual minimum GPA requirements for PNMs that are both incoming freshman and already college students
  - Average High School GPA: 3:05
  - Average College GPA Requirement: 2.61
- Chapters may elect to invite PNMs to join their chapter even if they are below the GPA minimum, but would work with PNMs and the chapters' academic chair to work on a individual plan
- Grades are one part of the holisitic process chapters use when determining New Members

# Why Go Greek?

- Create friendships that will last a lifetime
- Meet new people in social, sisterhood, and philanthropy events
- Volunteer your time to service and charitable causes
- Build a network that extends after college
- Find a smaller community within Berkeley
- Be a part of an uplifting organization that supports you







#### Where Panhellenic Can Take You

- Our members aspire for excellence in college and in their post-grad years, and they're able to do this through the support of their sisters and the opportunity to be surrounded by like minded women
- Some intern for and later work at companies at the forefront of their sector, including Google, Tesla, Williams & Sonoma, UBS, VISA, Boston Consulting Group, Microsoft, IBM and more!
- Some pursue politics, working at every level of our political system from local government, senators, representatives, the White House, and government agencies.
- Some decide to go back into school, enrolling at top-ranked universities for their masters and PhDs in a variety of fields. Some elect for professional degrees, going to businesses, medical, or law school.









### - Four Years that Last a Lifetime -

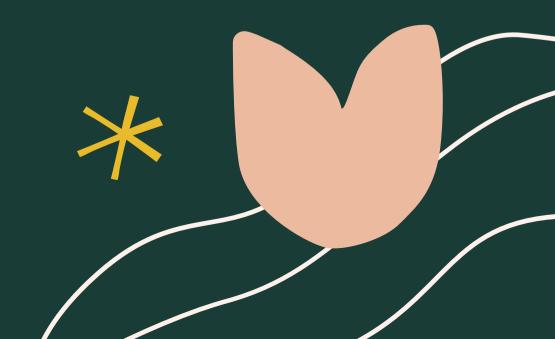








# FALL PRIMARY RECRUITMENT



#### Recruitment Lingo

Fall Primary Recruitment: Period in each fall that is organized and implemented by Panhellenic Council with the intent of selecting new members

Bid: An invitation to join a chapter

Potential New Member: Someone that is not currently a member of a Panhellenic sorority, but intends to

MRABA (Membership Recruitment Acceptance Binding Agreement): A binding contract that is signed by a PNM on Preference Night, in which the PNM gives up their ability to go through recruitment for one calendar year in exchange for receiving a bid for a chapter

Party: A pre-planned time of the day in each round in which a chapter will receive PNMs

Rho Chi: A temporarily disaffiliated member of a PHC chapter who will act as your guide in this recruitment process!

Bid Promising: The act of insinuating or stating that a PNM will return to a chapter the next day

#### A Values Based Recruitment Process

- Recruitment process in which inclusivity, diversity, leadership, friendship, service, and other values that PHC strives to embody are exemplified in all related activities
- How can you, as a PNM, use values based recruitment?
  - Find alignment between personal and organizational values
  - Shared interests, experiences, and values are more important than superficial aspects or characteristics
  - Start reflecting on what you value and what you want to get out of your PHC experience at Cal!
- Chapters want to get to know the true you, be yourself!



#### Mutual Selection

- Mutual Selection is in which both PNMs and chapters both have decision making power in the recruitment process
- After Unity Day II PNMs and chapters decide on who they would like to see again
  - Just as you will be limited in the number of organizations you may return to, the chapters are limited on the number of women to whom they can invite back each round.
- Your schedule for each round embodies the chapters that are excited to get to know you more
- Chapters will not know how you ranked them
- There are many factors that go into which chapters you get invited back to the following day
  - Not being invited back to a house isn't a statement on who you are as a person
- You may not always get invited back to the parties you would like to attend
  - Remember that the goal of recruitment is to find a group of women you are comfortable with and at the end of the day we are all one community
  - Everyone has their own unique and special recruitment process
- If you attend all parties and rank all houses that you have visited on Preference Night, you are guaranteed a bid

# What Happens if I Miss a Party?

- Schedules are not available until the day of the round, so all you, as PNMs, will not know whether or not you would even have to miss a party because of a prior commitment
- If you have an acceptable excuse (class, exam, doctor's appointment, work, emergency) you will not be penalized on PHC's end for missing a party
  - If you a miss a party without notifying anyone in PHC (there will be a form to notify about excuses) you will be asked to leave recruitment
  - This mechanism is to protect chapters so that they have the chance to talk to every PNM that they want to talk to in the recruitment process
- If you miss a party due to a pre-known excuse, you could or could not get invited back the next day
  - Membership selection is chapter business and PHC has no jurisdiction over which PNMs they choose to invite back every single day so we can't predict these things

#### Rounds of Recruitment Overview

Name of Round	Dates	Maximum Number of Parties	
Unity Day I & II	August 25th & August 26th	13 Parties	
Sisterhood Day	August 27th	10 Parties	
Philanthropy Day	August 28th	6 Parties	
Preference Night	August 29th	2 Parties	
Bid Day	August 30th	1 Party	

Name of Round	Dates	Check-In at Krober Fountain	Events Timline
Unity Day I	August 25th	5:30-5:45PM	6:00-10:00PM
Unity Day II	August 26th	4:30-4:45PM	5:00-10:30PM
Sisterhood Day	August 27th	9:30-9:45AM	10:00AM - 7:00PM
Philanthropy Day	August 28th	9:30-9:45AM	10:00AM - 7:00PM
Preference Night	August 29th	6:00-6:15PM	6:30-10:30PM
Bid Day	August 30th	6:00-6:15PM at Lower Sproul	Bids opened at 6:30PM

#### Notes on the Schedule

- These are the exact times in which you are expected to be, no more and no less
- Check-In times are a range, but schedules will be passed out fifteen minutes before Parties start each round
- Each party will be exactly 25, 30, 35, or 50 minutes
- Arrive 10 minutes early to your party so Rho Chis can take attendance and line you up.
- If you are late to a party, still come Chapters will try to give you the best experience possible in the limited amount of time if you arrive before a specific time each round.

Berkeley Time Does not Exist In Recruitment

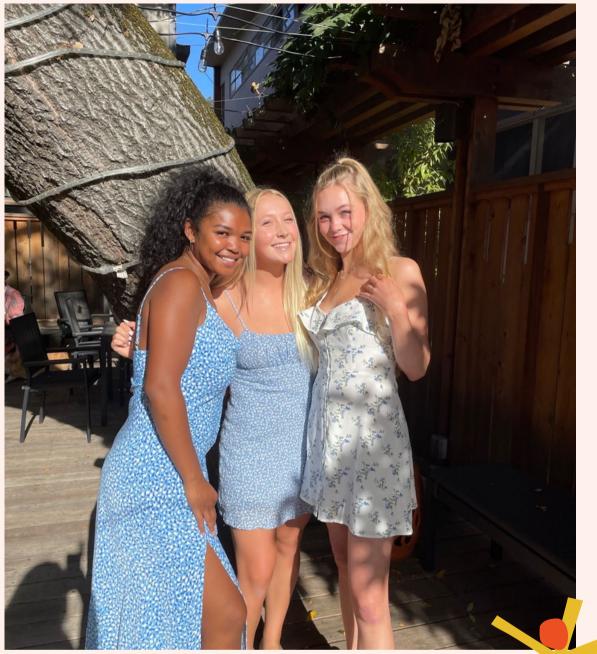
# Unity Day I & II

- Parties are 25 minutes long
- Short introductions to chapters











# Sisterhood Day

- Parties are 30 minutes long
- Beak for lunch in between Party 4 and 5
- Learn about the sisterhood of each chapter and how they promote it
- PNMs will receive house tours

### Philanthropy Day

- Parties are 35 minutes
- Break for lunch in between Party 4 and 5
- Extremely important day as this is the last time PNMs and Chapters attend parties before making their selections for Preference Night
- Each chapters spends time talking about their Philanthropy, its meaning to the chapter, and their efforts to support this cause
- Some of these philanthropies are very personal and emotional to our PNMs, we encourage everyone to review each chapter's philanthropies
- Please speak to the sister you've been talking to if you need quiet space or time to process the information







# Preference Night

- Parties will be 50 minutes long
- You will receive a Bid to one of the chapters that you visit on this night
- You've built relationships with members of these chapters in the last five days
- Look beyond the superficial as to which chapter you want to be a member off and can see yourself both benefiting from its values and sisterhood, and propelling the chapter into the future
- At the end of the night, you will sign the MRABA





#### What is the MRABA?

- A binding agreement that a PNM signs on the night of Preference Night
  - The PNM ranks her choices, based on the two parties that she attended and gives up her right to go through recruitment for an entire year on the condition of receiving a bid the next day
  - o If you go through Preference Night and rank both of your choices, you are guaranteed a bid
- Single Intentional Preference (SIP)
  - When a PNM declines to maximize her choices on Preference Night and only ranks one chapter
  - This greatly decreases her chances of getting a bid and we do not recommend it for any reason
- You will fill these out with the help of a member of the recruitment team in MLK Ballroom after Party 4 on Preference Night

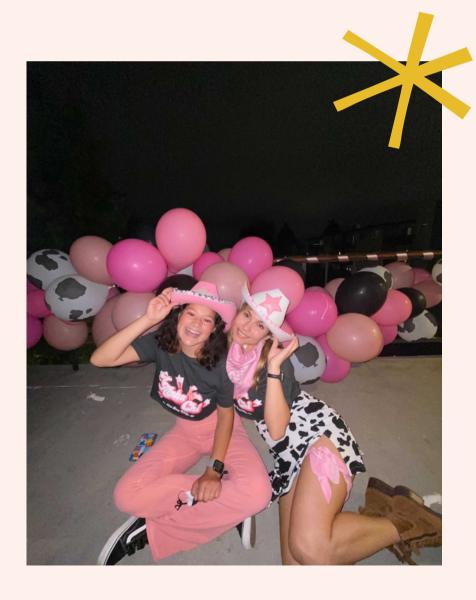
### Bid Day

- Meet at Lower Sproul at 6pm
- Bids will be opened at 6:30pm
- Chapters will enter with their letters and and their new members will sit with them
- Rho Chis and Exec Members will reveal what chapter they're a member of
- New Members go to chapters to enjoy Bid Day!









### Recruitment

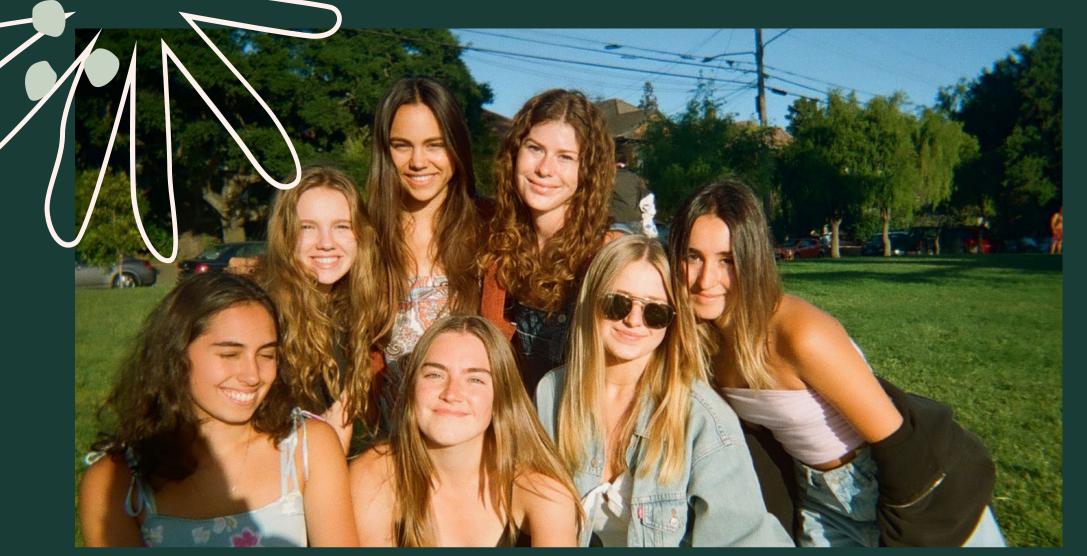
Routine

 Meet your Rho Chi Group at Krober Fountain at the assigned time every day and check in with your Rho Chi

- Receive your schedule for the round
- Go to all of the chapters' events listed on your schedule
- Take notes after every party
- Meet with your recruitment counselor for the mandatory debrief each day
- Input selections into ICS and show your Rho Chi that they've done so you can leave for the night!

So that everyone gets to have an unbiased and fair process, only discuss your selections with a recruitment counselor, not other PNMs or chapter members

As the week progresses, the amount of parties you go to each day will decrease until you receive a bid from one house on Bid Day!





### Taking Notes During Recruitment

- Taking notes after every party is a great way to catalog your emotions and thoughts about a chapter
- At the end of each day when its time to make selections, you can look back on your notes to guide you
- Prompts to think about
  - How did you feel leaving this chapter's party? Excited? Empowered? Welcomed?
  - Do you feel like your values align with the chapter? Which ones speicifally called to you?
  - What was the first impression of this chapter? Did it change by the end of the party?
  - How can you be an asset to this chapter? How can this chapter be an asset to you?
  - How was this experience the same or different of what you envisioned?

### All About Rho Chis

- Rho Chis are here for you!
  - o They are hear to listen, to give advice, and as a person to confide in
  - They have been through the recruitment process on the other side and as PNMs are are able to help you and answer your questions!
- This process can be stressful, Rho Chis are a way to make this process more personal and less intimidating
- They have temporary disaffiliated from their own chapters so they are entirely neutral guides
- They are hear to talk through your selections with you, answer concerns and questions, and handle any incidents
- After this presentation, you will be meeting your Rho Chi and Rho Chi group and exchanging contact information!

You are not alone! Your first PHC sister is only a text away!





# COMMUNITY DEVELOPMENT AND RECRUITMENT GUIDELINES



### What is Community Development?

Collectively working to address systemic issues within Cal PHC and the greater Greek System in order to make this community more safe and inclusive not only for current members, but also any potential new members who want to be a part of our community

### How Do We Address Systemic Issues in PHC?

- Systemic issues in Greek Life
  - Financial Barriers
  - Implicit Bias and Discrimination
  - Racism and Colorism
  - Homophobia and Transphobia
  - SVSH
- Our community gets thoroughly educated (before, during, and after recruitment)
  - Each chapter has Community Development/DEI representatives
  - Year-long roundtable discussions
  - Diversity & Inclusion Committees
  - Recruitment-specific implicit bias presentations
  - Annual Panhellenic Climate Survey

### CalQueeks

- CalQueeks is a Greek-affinity organization for Queer guys, gals, and nonbinary pals in Greek life here at Berkeley (re)started in Spring 2022
- They aim to provide a safe space for LGBTQ+ students to express themselves within the queer community in a space that has historically excluded them and raise money to support the Queer community at large.
- Goals: To fund-raise to support LGBTQ+ focused organizations, offer social events for our members, and host educational/awareness events for the Greek and campus community at large

 PHC Members can get involved in CalQueeks by following their instagram account @calqueeks and keeping an eye out for their infosession!





### What We Expect from You

- Participating in Fall Primary Recruitment and being a member of PHC is a privilege, our members invite you into their homes with clear expectations
- The Right Recruitment Mentality
  - Inclusive Language
  - Be aware of implicit biases
  - Values-based recruitment
  - Rankings are an inefficient way to determine which house a PNM should be a member of, everyone has their own journey in recruitment
- Zero-Tolerance
  - Any discrimination from a PNM towards a recruiter or chapter members will result in their immediate dismissal from the recruitment process, as decided by the PHC VP of Community Development, VP of Membership, and Head Recruitment Counselor.
- Do not discuss your conversations, interactions, and opinions about a chapter with another PNM or a chapter member. Recruitment is a unique experience for every PNM and we want to preserve that

### PNM Bill of Rights

- 1. The right to be treated as an individual
- 2. The right to be fully informed about the recruitment process
- 3. The right to ask questions and receive true and objective answers from recruitment counselors and members
- 4. The right to be treated with respect
- 5. The right to be treated as a capable and mature person without being patronized
- 6. The right to ask how and why and receive straight answers
- 7. The right to have and express opinions to recruitment counselors
- 8. The right to have inviolable confidentiality when sharing information with recruitment counselors
- 9. The right to make informed choices without undue pressure from others
- 10. The right to be fully informed about the NPC Unanimous Agreements implicit in the membership recruitment acceptance binding agreement (MRABA) signing process
- 11. The right to make one's own choice and decision and accept full responsibility for the results of that decision
- 12. The right to have a positive, safe and enriching recruitment and new member experience

### PNM Expectations

All Potential New Members are subject to removal from Fall Primary Recruitment if in violation of the following:

- Unexcused absences of recruitment parties and events
- Disparaging chapters or fellow PNMs
- Not returning their name tag to their Rho Chi at the end of every day
- Violating community development guidelines
- Breaking Dry Recruitment (August 24th at 8am to August 31st at 8am)
- Attending fraternity events in the Dry Recruitment Period (see above)
- Being on sorority property outside of parties to which they have been invited
- Displaying acts of disrespect towards active members, Panhellenic Executive Council, and Panhellenic Advisors
- Don't record, photograph, or screenshot any element of recruitment party. California has a two-party consent law.
- Do not communicate either virtually or in person with chapters members outside of parties about your recruitment process

### COVID-19 and Recruitment

- UC Berkeley is not currently requiring masks but continues to strongly recommend that masks be worn indoors
- If you'd like to wear a mask during Fall Primary Recruitment, please do so as you will be inside the sorority properties talking with a wide variety of women
- If you have any symptoms, please stay home. Notify your RC that you can't attend and we will list you on the conflict / excuse form and notify the sorority.
  - Early symptoms may be nonspecific, such as fever, body aches or chills, scratchy throat, and or/mild stomach upset (diarrhea, loss of appetite, nausea, loss of smell)
  - A few days later a dry cough may emerge, that can worsen to start including shortness of breath over several days
  - Upper respiratory symptoms like nasal congestion or sneezing are less common
- Close contact exposure: https://uhs.berkeley.edu/coronavirus/close-contact-exposures



- We understand that some of you may want to share your recruitment experience
- We want you to stay safe and have a positive recruitment experience
  - Do not state your exact schedules for each round (where you will be at each party)
  - Keep what happened in a party private
  - Don't show or talk about where you live
  - Don't speak about your thoughts about chapters online (espically with chapter members themselves outside of parties) even if they are positive or negative
  - Chapter members will be watching, if you would not say it at a party or in front of someone that is a member of the Recruitment Team don't say it online



### Trusting the Process

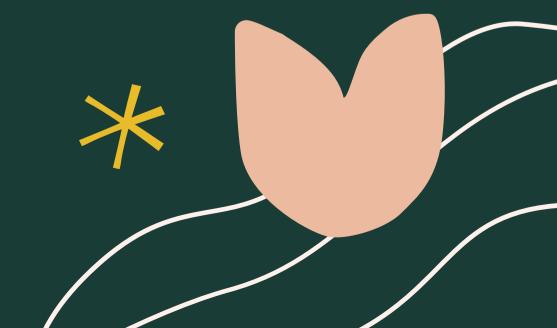


- Our guidelines
  - Be yourself
  - Play an active role in the process for the best chance to find your home
  - Be your most authentic self
  - Give every chapter a chance
  - Without doing these things you are preventing yourself from being in the best chapter for you
- Chapters and their members know when a PNM is not a good fit for their house and its sisterhood, even if the PNM may not realize it
- Focus on the houses that are excited to get you know you and see your potential

### Self Care During Recruitment

- Recruitment can be a draining process! Find a way that works best for you to recharge
  - Exercising
  - Journalling
  - Calling a loved one
  - Taking time for yourself
  - Anything that grounds you:)
- Wellness Room is also available if you need a space to hang out in between parties in International House during recruitment
  - Unity Day I: 6:00-10:00pm
  - Unity Day II: 5:00pm-9:00pm
  - Sisterhood Day: 10:00am-7:30pm
  - Philanthropy Day: 10:00am-6:30pm
  - Preference Night: 6:00pm-10:00pm

### RULES AND REPORTING



### Notes on Reporting



- We encourage you to identify yourself so we can update you on what is happening with your report and can speak to you if we need more information
- Filing a report has absoutly no impact on your recruitment process
- The only people that will know your identity if you choose to disclose it are your Rho Chi, Alyia (EVP), Ceci (VPM), and Jeff (Panhellenic Advisor) depending on the form and situation
  - Chapters will never see your reporting form and when we speak to them about the incident we only refer to you as "PNM"

Please reach out to your Rho Chi, Ceci, or Alyia if you have questions or concerns!

### PNM Bill of Rights

- Chapters must uphold your rights as a PNM
- If you feel as though these rights have been infringed upon, you have the right to REPORT IT!
- Reporting can be done in two ways
  - You, the PNM, submit a confidential report to the PHC EVP
  - You and your Rho-Chi file an official infraction report to the PHC EVP
- We encourage you to go to your Rho-chi (if you feel comfortable), but the confidential PNM form is available if you need it!



## Confidental Reporting Form vs. Filing a Formal Infraction

Confidential Reporting Form: https://forms.gle/N2dDXcymYfWrgnyT6

- Viewable by Alyia and Jeff
- Have option to remain anonymous



Formal Infraction Form: https://forms.gle/vNPP6nq2X8VPZs4N7

- Viewable by Ceci, Alyia, and Jeff
- You are asked to identify yourself and provide more information that is used in the infraction report



### Dirty Rushing

Dirty Rushing is the name of a collection of behaviors that chapter members and chapters engage in to illegally interact with a PNM outside of a party or promise them an invitation for the following round

#### What this look like?

- Chapter members/chapter accounts getting into contact with PNMs during the recruitment period
- "See you later" or "see you tomorrow"
- Talking about how you are a guaranteed to be invited back or to receive a bid
- Chapter members trying to get in contact with you after you've spoken in a party
- Chapters or members getting into contact with you outside of recruitment or before recruitment.
- Inviting you to events with members or at the house
- Chapter members asking you about your thoughts on each house so far or for you to "rank" your picks
- Implying or stating that a PNM should rank a chapter member's house a specific way
- "I have to convince you to join our chapter!"
- "Are we your first choice"

#### What do I do if this happens to me?

- Take a deep breath
- Talk to your Rho Chi and file an infraction report
- Remember that a single member cannot promise you membership in an organization or an invitation to the next day
- By reporting these incidents, you are holding chapters accountable to values based recruitment practices and bettering the experience for PNMs in the future

## Chapters May Report a PNM for Breaking the Code of Conduct

- If Chapter Members feel as though a PNM is not abiding by the PNM Code of Conduct, they can report that as well
- PNMs CAN be removed from the recruitment process if they do not follow the rules in the Code of Conduct
- PNMs are expected to treat every chapter in the same regard and respect our community as a whole
- If you witness a fellow PNM violating the PNM Code of Conduct, please talk to your Rho-Chi, so they can report it and we can make sure that we are keeping our community safe
  - Talk to your Rho Chi so they can file the formal reporting form

### Your Participation Can Be Revoked

Chapters have their own reporting form and the VP of Membership, Head Rho Chi, and Panhellenic Advisor have full authority to make decisions regarding one's participation if they commit the following actions

- Unexcused absences of recruitment parties and events
- Disparaging chapters or fellow PNMs
- Violating community development guidelines
- Breaking Dry Recruitment
- Attending fraternity events
- Being on sorority property outside of parties to which they have been invited
- Displaying acts of disrespect towards active members, Panhellenic Executive Council, and Panhellenic Advisors
- Don't record, photograph, or screenshot any element of recruitment party
- Do not communicate either virtually or in person with chapters members outside of parties about your recruitment process

### Review of Rules and Reporting

- If you believe that your rights, the rights of another PNM, or of a chapter are being violated please speak up!
- Use either the informal and formal recruitment forms

#### Alyia's Contact Information:

(520) 248-0586

phc.evp@calgreeks.com

### How to Prepare and What to Wear

- Familiarize yourself with the layout of Greek Row, you will be expected to get yourself to parties on time
- You will not be allowed to bring anything into the party and bring nothing from the chapter house outside
  - Rho Chis outside will be watching your bags!
- Wear whatever makes you feel the most confident and comfortable, but we advise you to get more formal as the rounds of recruitment progress
- Stay hydrated and keep yourself powered throughout the days!
- Have the contact infomration of your Rho Chi saved and keep your phone on if we have to contact you

### Being Your Best

- Keep organized! Lay out your outfits and keep your bag packed to avoid losing items. Make sure you have your phone on and know where you need to.
- Take a Breath! This is a stressful time take some time in between parties to center yourself and find some calm.
- Keep an Open Mind! You never know if the next sister you meet in a party could be your sister for life!
- Trust yourself! Pay attention to how you feel about a chapter and its members, don't put value in others opinions.
- Know your Worth! You know yourself best and what your values are. Being yourself is the best advice we can give.
- Ask for help! PHC exec and our Rho Chis are here to answer questions and address concerns
- Trust the Process! Things sometimes happen in the way that we don't expect!
- Speak no Evil! PHC community is very close knit, speaking negatively about any house in a party or outside of a party will be faced with disciplinary action
- It's ok to be nervous! We're all making this transition back to in-person and are in this journey together.

### Some of our Recruitment Experiences

#### Mia

- Went through: Fall 2020 FPR
- Favorite Round: Philanthropy Day
- Biggest Advice: Trust yourself and don't overthink things!

#### Chloe

- Went through: Fall 2019 FPR
- Favorite Round: Bid Day
- Biggest Advice: Wear a comfy pair of shoes!

#### Haben

- Went through: Fall 2019 FPR
- Favorite Round: Preference Night
- Biggest advice: Get to know the other PNMs just like you're getting to know the chapters. You will all be apart of the PHC Community!

#### Cecilia

- Went through: Fall 2019 FPR
- Favorite Round: Philanthropy Round
- Biggest advice: Trust the process!

### The Recruitment Handbook

- Will be emailed out tonight and will be available on our website
- Contains useful information like the scedule, maps, resources and a place to write things down and take notes

### Conclusions

- Save your questions for your Rho Chis or contact me at phc.membership@calgreeks.com
- This deck will be emailed out and available on our website
- All rules and regulations talked about in this deck are in the 2022 RR&P, avilable under the "Recruitment Expectations" page of our website
- Don't be afraid to ask questions and stand up for yourself
- We are all so excited to welcome our New Members to Cal PHC!







### Social Media and Contact Information

Instagram: @calphc

Website: www.calpanhellenic.com

Ceci: phc.membership@calgreeks.com

(916) 934-3648

Emily: phc.hrc@calgreeks.com

Alyia: phc.evp@calgreeks.com

(520) 248-0586

Mia: phc.president@calgreeks.com

Jeff: woodssj@berkeley.edu

Alex: AMRichards.IV@gmail.com





### What's Next!

- On your nametag, is your Rho Chi Group number. Outside, all the Rho Chis will be waiting with signs. Find your group and you'll move to a classroom to meet as a Rho Chi Group
- Get a good night of sleep tonight and eat a big lunch tomorrow to prep for parties
- Print out the PNM Handbook and review the Orientation Presentation
- Meet your Rho Chi Group at Krober Fountain at 5:30-5:45pm

with panhellenic love,